



# RMTi LEVEL 1+2

## 3 DAY COURSE

19, 20 + 21 OCTOBER 2018

9:30AM – 5:30PM

Spitalul Clinic pentru copii  
Marie Sklodowska Curie, Bulevardul C-tin  
Brancoveanu 20 Bucuresti 077120, Romania

**CONTACT** Annemieke Hoogeboom  
[info@wonderwijs-coaching.nl](mailto:info@wonderwijs-coaching.nl)

**COST** €590

Three-day training, refreshments, manual and certificate of attendance.

More details about the course can be found at [www.rhythmicmovement.org](http://www.rhythmicmovement.org)

## COURSE INFORMATION

### LEVEL 1 RMTi for Focus, Organisation and Comprehension

How rhythmic movements assist in integrating primitive reflexes important for establishing postural control; Why this is important; for increased impulse control, attention, balance, coordination, stamina and learning.

How the movements can be used to:

- Establish head control
- Regulate muscle tone
- Form foundations for posture
- Stimulate the brain for improved attention & concentration

### LEVEL 2 RMTi for Emotions, Memory & Behaviour

Learn effective RMT techniques for integrating the defensive primitive reflexes that are crucially important for learning to be safe; for developing good sensory processing and perception; as well as developing social and emotional maturity.

- How to get in touch with our emotions
- How does stress in daily life affect our bodies
- How RMTi movements can help to bring balance back.

**E:** [moira@integratedbeing.com](mailto:moira@integratedbeing.com)

**W:** [www.integratedbeing.com](http://www.integratedbeing.com)

## WHAT IS RMTi?

RMT is a movement based, reflex integration program. Using innate baby movement patterns, we can help stimulate neurological connections to work better. It is a natural, non-invasive approach to improving function.

The movements are effective for any age and ability. Improvements are seen in:

- Muscle tone
- Posture
- Physical co-ordination
- Hypersensitivities
- Concentration
- Academic progress
- Readiness for learning

## RMT IS RECOMMENDED FOR

OTs; PTs; speech; parents; social workers; family and mental health therapists; developmental optometrists; and Vision therapists; yoga therapists; classroom teachers; special educators; nursery and pre-school teachers; school counsellors; healthcare providers; massage therapists, trauma specialists and caregivers; kinesiologists; Alexander practitioners; Feldenkrais practitioners; Brain Gym instructors; etc.

## MOIRA DEMPSEY INSTRUCTOR

Moira, from Melbourne Australia has been learning and teaching RMT since 2003. She has been involved with various kinesiology since 1991. Moira was a member of the EduK Foundation Board of Directors for 10 years (2003 to 2013). Moira has taught extensively around the world. For many years she lived and taught in Malaysia and Singapore. She is the founder of Rhythmic Movement Training International (RMTi), now based in Houston TX USA. Moira has received outstanding achievement awards from the EduK Foundation in 2000 and 2005, and a special award in 2012 honouring her many years of service to EduK worldwide. In 2008 she received the Humanitarian Award from the Australian Kinesiology Association (AKA) for her work in Indonesia after the 2004 Tsunami. She is the developer or co-developer of all the RMTi training courses and co-author of the book, *Movements that Heal*. She mentors people how wish to become RMTi Instructors.